

## ◆AromaTune™-Aromatherapy Massage Combo \$125.



\*Experience superior results with the combination of acupuncture, cupping and aromatherapy massage with vibrational tuning forks.

\*Oils are chosen specifically that offer immune support, promote relaxation, stress relief, decrease pain and inflammation and lift the mood.

\*Acupuncture points stimulate homeostasis in the autonomic nervous system for balance in the body and mind.



# Feel Good Everyday, Naturally!

## How Can Acupuncture & Chinese Medicine Help You?

The World Health Organization recognizes acupuncture to be effective in treating a list of common ailments which are: ear, nose & throat; Immune & Allergy Disorders; Gastrointestinal; Gynecological & Genitourinary; Psychological Disorders; Musculoskeletal & Neurological; Respiratory; Addiction.

### Why Acupuncture?

It is based on the ancient concept dating over 2,500 years that the body is made up of channels (meridians) through which vital energy (chi) flows. When the chi flows smoothly and harmoniously there is no disease or pain. When it is stagnated or disrupted pain, fatigue, or illness will result. Stimulating points along the meridians will help release blocked energy and maintain balance, restoring health and reducing pain.



Occasionally one may feel a slight pinch that quickly diminishes. Generally, the sensation can be dull, achy, or tingly. Patients find

that the treatments are relaxing and usually involve little or no pain. A natural side-benefit is stress relief!

**Non-Needle Acupuncture:** points may be stimulated using gentle microcurrent Color-Light (MEA) or Sound vibration with Tuning Forks.

**Ear seeds & Crystals:** Reflexive points on the ears represent the whole body.



## Acupuncture Center, Inc.

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Call Today! (858) 613-0792





## Menu of our most popular services



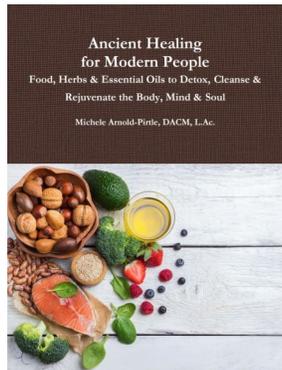
◆ **Traditional Acupuncture \$65/Initial visit \$85.00. Non-insurance Discount rates.**

◆ **Most insurance accepted. Regular fee \$145.00**

**We recommend regular Body Tune-Ups!** For everyone for optimal health! Keep your Qi-Energy and blood flowing freely.

### ◆ GUT HEALTH, DETOXIFICATION , CLEANSE, DIET THERAPY:

*"Ancient Nutrition for Modern People: Food, Herbs & Essential*



*Oils to Detox, Cleanse and Rejuvenate the Body, Mind, & Soul",*

**by Dr. Michele Arnold-Pirtle.**

Great for Beginning a healthier lifestyle, Diet, and improving Gut health.

**Available in print or eBook from Amazon, Nook, or lulu.com**

### Flexible solutions for your wellness needs

*\*Non-insurance rates are different than insurance billing. Deductibles are based on usual & customary fees of maximum allowable amount per your insurance plan. You are responsible for the maximum allowable amount, which may be higher than our non-insurance rates. Ask about your possible rates.*

*\*Non-insurance rates have already been discounted from usual & customary fees higher than 25% of the Healthy Roads, or other discount., i.e. Traditional Acupuncture is \$145 -45% = \$65 non-insurance rate. We reserve the right to give this discount to everyone paying out of pocket.*

*\*Insurance is not accepted for our services on the next page. \*Our fees are subject to change without notice.*

### ◆ Vibration Energy Acupuncture \$85



A vibrational Energy Medicine with low frequency **microcurrents and LED color light therapy (MEA)**. Or **Sound Healing with Tuning Forks**. A painless Modern Style Acupuncture without needles.

**Very rapid relief of acute and chronic pain**



- \* Resolve root causative patterns and energetic blockages for chronic conditions, pain, and emotional-spiritual well-being.
- \* Balance your meridian system and chakras (psycho-neuro-endocrine centers (PNE). Emotional Well-being, anxiety, insomnia, depression, stress, neck, jaw, and muscle tension, thyroid, adrenals, pancreas, lymph, immune system.
- \* Great for kids, sensitive people, or anyone wanting a whole-body approach to wellness.

### ◆ Energy-Light Facial Rejuvenation \$150-Non

-needle microcurrent & color-light (MEA), natural essential oil skin care products from doTERRA. For natural beautiful skin at any age, rosacea, acne, eczema, psoriasis, fine lines, etc.



◆ **Therapeutic Massage:** 60 minutes \$75. 90 minutes \$100. Add-on with acupuncture 20 min \$25, 30 min \$40. **Tracey Whitney, D.A.C.M., L.Ac.**



### ◆ Natural Herbal Teas: Range \$30-\$60 depending on formula and amount.

Herbal teas are concentrated granules of raw herbal ingredients boiled in an aqueous solution. They are free from dyes, preservatives, additives, and fillers. They are certified pharmaceutical grade using GMP (Good Manufacturing Practices). The powder is mixed with warm water and drunk as a tea. Great alternatives for pain, joint health, gynecology, fertility, anxiety, sleep, digestion, or colds & flus.

